



January 2021 Menu

Main Meals include 250 ml white milk or juice
 Daily \$4.25 5 days- \$21.25, 10 days- \$42.50 (you can order by day, week or month.)

Meals with chocolate milk are \$5.00

Cheques made payable to Cobequid Schools Catering Society.

Lunch slips are required for the main menu & any extra lunch items

Please circle drink choice.



Jan 11	Jan 12	Jan 13	Jan 14	Jan 15
Cheese Pizza & Carrot Sticks Milk AJ OJ CMilk	Soft Taco & Nacho Chips Milk AJ OJ CMilk	Lazy Lasagna & Garlic Toast Milk AJ OJ CMilk	Chicken Burger & Fries Milk AJ OJ CMilk	Hot dog & Fries Milk AJ OJ CMilk
Jan 18	Jan 19	Jan 20	Jan 21	Jan 22
Open Face Pizza Sub Milk AJ OJ CMilk	Shepherd's Pie Milk AJ OJ CMilk	Chicken Finger & Fries Milk AJ OJ CMilk	Garlic slice & Yogurt Tube Milk AJ OJ CMilk	Spaghetti & Tomato Sauce Milk AJ OJ CMilk
Jan 25	Jan 26	Jan 27	Jan 28	Jan 29
Chicken Bowl (Mashed Potatoes, Corn, chicken & Gravy) Milk AJ OJ CMilk	Mac & Cheese & Biscuit Milk AJ OJ CMilk	Garlic Slice & Fruit Milk AJ OJ CMilk	Cheese Burger & Chips Milk AJ OJ CMilk	Pepperoni Pizza & Cookie Milk AJ OJ CMilk

Extra Lunch items available daily (drink not included)

- Chicken Wrap \$3.00
- Grilled Cheese \$3.00

** If just ordering Juice, White Milk or Chocolate Milk (please cross out meal choice on ticket) see below:

Canteen snacks:

- Popcorn \$1.00
- Fresh Breadsticks \$1.00
- Yogurt Tubes \$1.00
- Baked Chips \$1.00
- Slushie Cup \$1.00
- *Cinnamon Roll \$1.00*when available
- Fresh Muffins \$0.50
- Goldfish \$0.50
- Cookie \$0.50

- Juice \$0.65
- White Milk \$0.40
- Chocolate Milk \$1.35
- Chocolate Milk w/Meal \$5.00

