



September 2020 Menu

Main Meals include 250 ml white milk or juice (apple)

Daily \$4.25 5 days- \$21.25, 10 days- \$42.50 (you can order by day, week or month.)

Cheques made payable to Cobequid Schools Catering Society.

Lunch slips are required for the main menu & any extra lunch items

Please write your child's name on the day square you want to order and send in a baggie with the payment (cheque or cash)

Sept 7	Sept 8	Sept 9	Sept 10	Sept 11
	Hamburger & Baked Chips	Garlic Slice & Goldfish crackers	Grilled Cheese & Slushie	Cheese Pizza & Cookie
Sept 14	Sept 15	Sept 16	Sept 17	Sept 18
Breakfast Sandwich & Yogurt Tube	Cheese Pizza & Fruit Cup	Crispy Chicken Wrap & Goldfish	Garlic Slice & Veggie Sticks	Hot Dog & Cookie
Sept 21	Sept 22	Sept 23	Sept 24	Sept 25
Pepperoni Pizza & Cookie	Hamburger & Baked Chips	Mac and Cheese & Breadstick	Mini Pancakes & Sausage	NO SCHOOL PD day
Sept 28	Sept 29	Sept 30	Oct 1	Oct 2
Spaghetti and Meatballs & Breadstick	Grilled Cheese & Baked Chips	Crispy Chicken Wrap & Cookie	Garlic Slice & Slushie	Pepperoni Pizza & Cookie

Extra Lunch items available daily:

- Chicken Wrap \$3.00 (drink not included)
- Grilled Cheese \$3.00 (drink not included)

Canteen snacks :

- Popcorn \$1.00
- Breadsticks \$1.00
- Yogurt Tubes \$1.00
- Baked Chips \$1.00
- Slushie Cup \$1.00
- *Cinnamon Roll \$1.00* when available*
- Fresh Muffins \$0.50
- Goldfish \$0.50
- Cookie \$0.50

** If just ordering Juice, White Milk or Chocolate Milk, see below:

- Juice \$0.65
- White Milk \$0.40
- Chocolate Milk \$1.35
- Chocolate Milk w/Meal \$5.00

