

February 2018 Menu

Chiganois Elementary School

Main Meals include 250 ml white milk or juice (apple) with Fruit/or Veggies.
 Daily \$4.00 5 days- \$20.00, 10 days- \$40.00 (you can order by day, week or month.)
 Cheques made payable to Cobequid Schools Catering Society.

Lunch slips are required for the main menu & alternate lunch items



Jan 29	Jan 30	Jan 31	Feb 1	Feb 2
#1 Spaghetti w/Meat Sauce #2 Cheese Pizza Other: _____	#1 Hamburger & Fries #2 Grilled Cheese Other: _____	#1 Mac & Cheese #2 Garlic Slice Other: _____	#1 Ham Dinner #2 Pancakes & Yogurt Other: _____	#1 Hot Chicken Burger & Fries #2 Pepperoni Pizza Other: _____
Feb 5	Feb 6	Feb 7	Feb 8	Feb 9
#1 Chicken Quesadilla #2 Cheese Pizza Other: _____	#1 Mac & Cheese #2 Grilled Cheese Other: _____	#1 Chicken Noodle Soup #2 Garlic Slice Other: _____	#1 Chicken Nuggets & Fries #2 Pancakes & Yogurt Other: _____	#1 Breakfast Sandwich #2 Pepperoni Pizza Other: _____
Feb 12	Feb 13	Feb 14	Feb 15	Feb 16
#1 Mac & Cheese #2 Cheese Pizza Other: _____	#1 Caesar Salad & Breadstick #2 Grilled Cheese Other: _____	#1 Taco w/Nacho Chips #2 Garlic Slice Other: _____	#1 Pizza Sub #2 Pancakes & Yogurt Other: _____	#1 Hot Dog & Fries #2 Pepperoni Pizza Other: _____
Feb 19	Feb 20	Feb 21	Feb 22	Feb 23
No School Heritage Day	#1 Sweet & Sour Meatballs w/Rice #2 Grilled Cheese Other: _____	#1 Mac & Cheese #2 Garlic Slice Other: _____	#1 Chicken Nuggets & Fries #2 Pancakes & Yogurt Other: _____	#1 Chicken Wrap #2 Pepperoni Pizza Other: _____
Feb 26	Feb 27	Feb 28	Mar 1	Mar 2
#1 Breakfast Sandwich #2 Cheese Pizza Other: _____	#1 Hamburger & Fries #2 Grilled Cheese Other: _____	#1 Mac & Cheese #2 Garlic Slice Other: _____	#1 Lazy Lasagna #2 Pancakes & Yogurt Other: _____	#1 Caesar Salad & Breadstick #2 Pepperoni Pizza Other: _____

Other Main Menu Choices:

Sandwiches

Egg \$2.50
 Tuna \$2.50
 Chicken Salad \$2.50
 Chicken Wrap \$3.00

Salads

Caesar Salad \$3.50
 Tossed Salad \$3.50
 Veggie Plate \$3.00

(Chopped Veggies served daily)

* If just ordering Juice, White Milk, or Chocolate Milk, the prices are as follows:

Juice \$.65
 White Milk \$.40
 Chocolate Milk \$1.35
 Chocolate Milk w/Meal \$4.50

Canteen when available:

Welch's Fruit Snack \$1.00
 Fresh Breadsticks \$1.00
 Frozen Juice Bar \$1.00
 Baked Chips \$1.00
 Fresh Fruit \$.50

 Goldfish \$.50
 Cookie \$.50
 Popcorn \$1.00
 Veggies & Dip \$.50
 Yogurt Tubes \$1.00
 Fresh Muffins \$.50
 Water \$1.00

